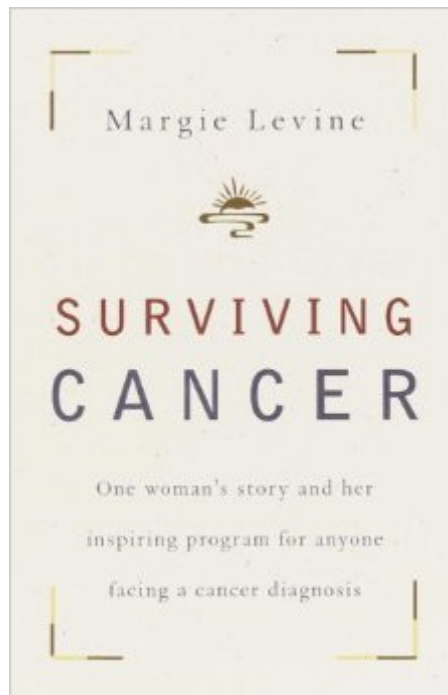


The book was found

Surviving Cancer: One Woman's Story And Her Inspiring Program For Anyone Facing A Cancer Diagnosis



Synopsis

When cancer specialists at Boston's internationally renowned Dana-Farber Cancer Institute diagnosed Margie Levine with a deadly asbestos-related lung cancer, they predicted that she had only six months to live. Refusing to give up hope, she chose an approach that combined state-of-the-art medicine with her own holistic program. Eleven years later, her mind/body regimen has evolved into a prescription for survival, and she has dedicated her life to sharing it with others. *Surviving Cancer* offers a practical, integrated way of self-healing, with advice on:

- Creating the best possible team of physicians and loved ones
- Maximizing nutrition, using veggie overdosing
- Ridding your cells of harbored anger with a six-point forgiveness program
- Using music to boost your immune system and fight pain
- Using visualization to make your own affirmation tape
- Building up endorphins by seeking joy
- Using creative meditation techniques

Covering these topics and dozens more, *Surviving Cancer* is not only one woman's lifesaving testimony, it's a plan for finding rejuvenation in every new day. From the Trade Paperback edition.

Book Information

File Size: 384 KB

Print Length: 258 pages

Page Numbers Source ISBN: 0767907159

Publisher: Harmony; 1 edition (December 10, 2008)

Publication Date: December 10, 2008

Sold by: Random House LLC

Language: English

ASIN: B000SF0P5C

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,193,415 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #65

in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Lung Cancer

#380 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Alternative Medicine > Holistic

#960 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments

Customer Reviews

I needed this book and was very satisfied with its contents. Having recently been diagnosed with colon cancer and very disappointed with the limited conventional options recommended by my oncologist, I was looking for guidance in how to complement my chemotherapy treatments. To this end I have purchased and browsed through or read a couple dozen books on "how to survive cancer." Levine's book is the most practical and encouraging, the one I have used most faithfully. I am doing many of the things she suggests and feel that my recovering health is due to pursuing the combined mental/physical/spiritual approach that she advocates. Margie is the longest living survivor of a rare and aggressive cancer, demonstrating that her ideas can be very effective. What I like best in her book is, frankly, how easy it is to read. Cancer is confusing, to say the least, and I wanted straight forward information. Second, she makes it clear right up front that you need to be your own medical advocate, taking control of the direction in which your treatment goes and who you allow to treat you. Third, she encourages alternative and complementary treatment to conventional treatment and provides lots of ideas that she has had success with. Fourth, instead of "prescribing" her regime for you, she encourages the reader to do what resonates with him or her and make their own regime. She describes how what she did made her feel in a candid, confidential manner and I appreciated hearing of her pain and heartbreak, her joy and success through her ordeal. This provided companionship to me as I experienced similar things. Throughout the book she encourages the reader to live life, not just fight cancer.

[Download to continue reading...](#)

Surviving Cancer: One Woman's Story and Her Inspiring Program for Anyone Facing a Cancer Diagnosis Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) Cancer: Coping With Cancer: Controlling and Understanding Emotions of Cancer (Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung Cancer,Cancer Diet,Preventing Cancer,Cancer Prevention,Cancer Cure) Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer,Cancer Prevention,Cancer Cure,Coping With Cancer,Cancer Books,Breast ... Cancer,Leukemia,Colon Cancer,Skin Cancer) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And

Vitamin B17 (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention) Akiane: Her Life, Her Art, Her Poetry: Her Life, Her Art, Her Poetry Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) Anti-Cancer Diet: An Ultimate Guide to Reverse and Prevent Cancer Naturally! (anti-cancer diet, anti-cancer cookbook, anti-cancer diet recipes, reverse cancer, prevent cancer) The Breast Cancer Patient's Survival Guide: Amazing Medical Strategies for Winning: A Natural Guide to Treatment of Cancer, Breast Cancer, Cancer and Nutrition, Beating Cancer and Fighting Cancer TALES AROUND THE CAMPFIRE: An Inspiring Short Story Collection (Inspiring Short Stories Book 1) Find a Way: The Inspiring Story of One Woman's Pursuit of a Lifelong Dream Program 120 Female Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Ovarian Cancer, Lung Cancer, Diabetes, Dementia, Colon Cancer, Pneumonia, ... Medicine Patient Handbooks for Females) Program 120 Male Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Prostate Cancer, Colon Cancer, Lung Cancer, Diabetes, Osteoporosis, Dementia, ... Medicine Patient Handbook for Males) Nolo's Deposition Handbook: The Essential Guide for Anyone Facing or Conducting a Deposition Cooking for One: 365 Recipes For One, Quick and Easy Recipes (Healthy Cooking for One, Easy Cooking for One, One Pot, One Pan) Akiane: Her Life, Her Art, Her Poetry An Act of Love: One Woman's Remarkable Life Story and Her Fight for the Right to Die with Dignity Mosby's Guide to Nursing Diagnosis, 4e (Early Diagnosis in Cancer) On Wings of Eagles: The Inspiring True Story of One Man's Patriotic Spirit -- and His Heroic Mission to Save His Countrymen

[Dmca](#)